

Group Lesson Plan

School Counselor(s)

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Date

Wednesday, January 29, 2020

Activity

"Welcome to Our Yard"

Grade(s)

9th

10th

11th

12th

ASCA Mindsets & Behaviors (Domain/Standard):

M: 3 & 6

BLS: 1, 4, 6, 9

BSMS: 1,2, 9

BSS: 1, 2, 3, 4, 5, 6, 8, 9

Learning Objective(s) (aligns with competency):

1. Students will establish group norms
2. Students will set high quality standards of learning.
3. Students will demonstrate critical-thinking skills to make informed decisions.
4. Students will create positive and supportive relationships with other students.

Materials:

- "Hot Potato" or stress ball
- Small speaker or cell phone
- White cardstock
- Scissors
- Markers
- Tape
- White Board

Procedure:

Icebreaker: "Welcome to Our Yard"

Each student is given 5-7 minutes to write down a group rule or norm on their "picket". Then each member takes turns reading and explaining their rule. All group members must agree on the rule presented. If not, the rule will not be used to govern the group.

Activity #1: "Hot Potato"

Students toss around a stress ball or other small items while music plays. When the music stops, the last person holding the ball states (1) group expectation OR (2) group topic suggestions.

Activity #2: "What does it mean to be a man?"

The group leader presents the question as a discussion topic. All ideas are recorded on the whiteboard.

Closing: Group Topic Suggestions

Students create a list of future discussion topics.

Plan for Evaluation: How will each of the following be collected?

Process Data:

10 students

Outcome Data:

Attendance

Perception Data:

- Pre- & Post-Tests administered
- Self-report a sense of belonging in this group

Follow Up:

Students are encouraged to reach out to facilitators or other Student Personnel Services Staff if they have questions or concerns between weekly sessions.