

Group Lesson Plan

School Counselor(s)

Tia Johnson & Deneen Robin

Date

Wednesday, March 11, 2020

Activity

Respecting Yourself & Others

Grade(s)

9th

10th

11th

12th

ASCA Mindsets & Behaviors (Domain/Standard):

M: 1

B-LS: 4, 6, 9

B-SMS: 1, 2, 3, 7

B-SS: 1, 2, 3, 4, 9

Learning Objective(s) (aligns with competency):

1. Students will define respect.
2. Students will create positive and supportive relationships with other students.
3. Students will demonstrate critical-thinking skills to make informed decisions.
4. Students will demonstrate empathy.

Materials:

- "Respect" Handout
- Pens/pencils
- Marker
- Tape
- White Board

Procedure:

Icebreaker: Hangman

The group leader thinks of a word or phrase related to the discussion topic. The player draws a number of dashes equivalent to the number of letters in the word. The students try to guess the answer one letter at a time. If a guessing player suggests a letter that occurs in the word, the other player fills in the blanks with that letter in the right places.

Activity #1:

The group leads a discussion using the following questions:

- What is respect?
- Who automatically receives respect?
- Have you ever felt disrespected?
- How did you feel?
- What does respect look like?

Plan for Evaluation: How will each of the following be collected?

Process Data:

- Track attendance for each group member

Perception Data:

- Pre- & Post-Tests administered

Follow Up:

Students are encouraged to reach out to facilitators or other Student Personnel Services Staff if they have questions or concerns between weekly sessions.